

Song Titles

Track 1. Trois Pieces Facile	M. Grandjany
Track 2. Psalm Readings	H. Flynn
Track 3. Feuilletts D'Album	H. Renie
Track 4. Guided Imagery -Relaxation	H. Flynn
Track 5. -All Is Well	
Track 6. -Resilient Woman	
Track 7. Ave Maria	Bach/Gounod
Track 8. Amazing Grace	Traditional
Track 9. Danny Boy	Traditional
Track 10. Greensleeves	Traditional

Helen Flynn, M.Ed., M.S.W., C.L.C. was trained in Voice and Harp at the Eastman School of Music. She is a Realtor,[®] Author, and Life coach. Contact her at www.clareaucoaching.com. A portion of the proceeds of this recording will be donated to the eWomenNetwork Foundation.

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Helen Flynn

Vocals and Harp by Helen Flynn

*Graceful Moments
A Gift of Peace,
Love and Joy*